

Spending Money

Fa'aaluina o Tupe



Spending money is second nature to us — it helps us to survive day-to-day.

But more often than not, we spend our money on the things we “want” before covering all our “needs”. Letting ourselves purchase unnecessarily can develop bad spending habits.

But spending money doesn't have to be a bad habit. Learning to take control of your spending will save you trouble in the future.

O le fa'aaluina o tuge o se masani faigofie mo tagata - o le fa'aaluina o le tuge o se galuega fai mo le tausaina o tatou ola i aso uma.

O lona uiga e mo'omia lava le fa'aalu o tuge, peita'i e tele atu ona fa'aalu tuge i vaega e "mano'omia" na i lo vaega e "mo'omia". O le fa'aalu o tuge e aunoa ma se taofiofi e ono atia'e ma fai ai ma masani le fa'aaluina o tuge i mea lē aoga.

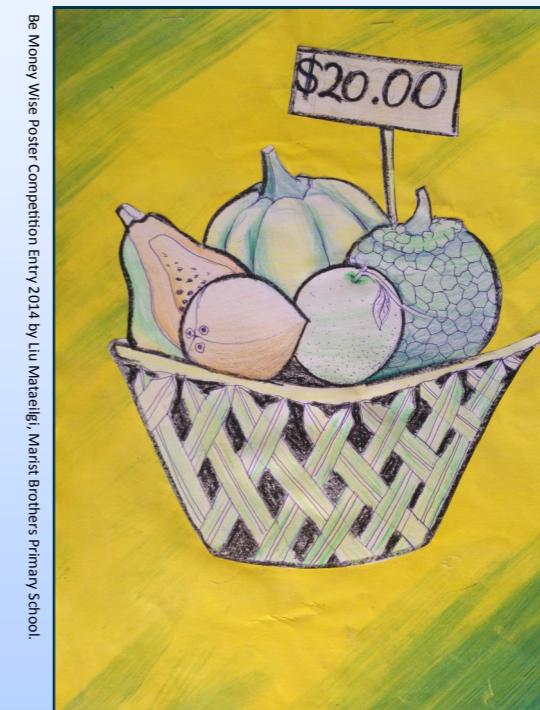
E ui i lea, e mafai ona fo'ia ni uiga masani o le fa'aaluina lē tatau o le tuge. O le a'oa'oina i le puleaina o au tuge ma le fa'aaluina tatau o au tuge, e puipuia mai ai oe i fa'afitali i le lumana'i.

Where is my
money going
day-to-day?

O fea o lo'o fa'aalu ai au tuge i lea aso ma lea aso?

You might think spending up on big things is what gets you into trouble with money. But often it's the everyday little things that end up costing more over time. It's easy to lose track of \$5 here, \$10 there.

Masalo o lo'o ia oe se manatu o le tele o lau fa'aalu tuge i oloa taugata, e te o'o ai i fa'afitali tau tuge. Peita'i, o le tele o le taimi o oloa laiti o lo'o fa'aaluina ai au tuge i aso ta'itasi, a tu'ufa'atasi e tele atu lau vaega tuge o lo'o fa'aalu ai. E faigofie ona galo le fa'aaluina o lau \$5 poo le \$10 tala.



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Spend with caution.

Fai ma le fa'aeteete le fa'aaluina o tuge.



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Bad Spending WARNING SIGNS

FA'AILOILO o lo'o fa'aletonu le
fuafua ma le fa'aaluina o au tupe



You need to take money from your savings account to pay your bills.

*E te mo'omia le ave ese mai o tipe mai lau
teugatupue e totogi ai au pili masani*

You are unable to set aside any money for savings.

*Ua e lē mafai ona tu'ueseina se vaega tuper
mo au teugatupe.*

You spend money you don't have by taking out loans and cash advances.

Ua e fa'aaluina tūpe e tē lē o mauaina i le faia lea o nonoqatūpe ma tūpe fa'aatalafu.

Spending tips and tricks

Fautuaga mo le fa'aaluina o tupe

- 1. Shop with a list, compare prices** in different stores and **buy in bulk** if possible.
Fai se lisi o lau fa'atau. Fa'atusatusa tau o oloa i fale'oloa ma FA'ATAU SI'IATOA pē a gafatia.
 - 2. Take only the cash you need** and you won't be able to spend more.
Ave na o le tinouitape e te mo'omia ina ia fua ai lau fa'atau i le tupe ua i lou lima.
 - 3. Avoid impulse buys**, is it a want or a need?
Tu'u ese lou naunau e fa'atau se oloa e te le'i mafaufauina. Mafaufau toto'a pe e te mo'omia.
 - 4. Look out for sales** so you can save money.
Va'ava'ai pe faatali fo'i mo ni PA'Ūfa'apitoa mo OLOA TAUGATA ia mafai ai ona e fa'atauina i se tau taugofie.
 - 5. Track your spending with a spending diary**, to make smart choices about where your money goes.

*Fa'aaoga se 'Tusi mo Tupe Fa'aalu' e maitau lelei ai
le fa'aaluina o au tupe.*
*O lou iloa lelei o au aga masani i le fa'aaluina o au
tupe, o le a mafai ona e filifili ai i le fetu'una'iga
o au tupe fa'aalu.*

Start a pending Diary

O vaega e te mo'omia mo lau

'Tusi mo Tupe Fa'aalu

Use a small notebook to write down everything you spend your money on. It should only take five a day.

At the end of one or two weeks, add up everything you have spent and see where you can make better spending decisions.

Spending Diary

*Fa'amaumau uma i lalo vaega o lo'o fa'aaluina ai au
tupe. E na'o le 5 minute e fa'atinoina ai i le aso.*

*I le fa'aiuga o le vайаiso po'o le lua vайаiso, fa'aоopoо
uma vaega na fa'aalu ai au тype ona e silasila lea ae
fa'ailoa atu e lau 'tusi o тype fa'aalu' vaega e fai ai lau
filifiliqa lelei mo au тype fa'aalu.*